

May 10



Biomechanical Bike Fitting & Custom Frame Design

Mens 21-39

Place	Div.	First Name	Last Name	Age	Bib#	Time	Team
1		Ian	McKissick	28	97	0:54:45	BMC Pro Cycling Team
2		Adrian	Hegyvary	25	103	0:56:07	Hagens-Berman LLP
3		Alex	Gardner	38	94	1:00:32	MODUS DEMO TEAM
4		Brent	Carlson	29	66	1:01:11	Garage Racing
5		Alex	Telitsine	36	100	1:02:41	IJM.ORG
6		Matthew	Heck	24	38	1:02:47	cucina fresca
7		Rainer	Leuschke	37	99	1:03:09	Blue Rooster/Sports Medicine Clinic
8		Tom	Wick	39	43	1:03:48	Garage Racing
9		Jeff	Woerner	35	82	1:03:54	IJM.org
10		Thomas	Roseberry	25	63	1:04:12	
11		Rolland	Jurgens	37	74	1:04:33	Cycle U
12		ryan	farrell	31	88	1:04:39	ryan restoration
13		Julian	Denes	28	92	1:05:28	
14		Jeremy	Bostron	36	67	1:06:27	
15		Chris	Menge	35	104	1:06:59	
16		Bradley	Glaberson	39	58	1:07:32	Team Cucina Fresca
17		Aaron	Lavin	36	36	1:08:26	Garage Racing
18		Mark	Bales	36	91	1:08:41	Wines of Washington/Bikesale.com
19		Mark	Taylor	21	95	1:09:21	Starbucks Cycling
20		Patrick	Dean	35	37	1:09:36	cucina fresca
21		Kurt	Litsinger	24	46	1:09:37	Apex
22		Daryl	McNutt	39	40	1:09:55	Vikings
23		william	cooper	38	44	1:10:37	Second Ascent
24		Michael	van Dijken	36	55	1:10:38	Hagens Berman/Lake Washington Velo
25		Michael	Finn	34	59	1:10:48	Pauole Sport
26		Kyle	Mattson	33	71	1:10:57	unattached
27		Tony	Williams	36	33	1:15:22	
28		Jonathan	Kaufman	28	61	1:16:27	cucina fresca
29		Barret	Seifer	39	83	1:18:58	Blue Rooster Sports Medicine Group

May 10



Biomechanical Bike Fitting & Custom Frame Design

Mens 21-39 cont.

Place	Div.	First Name	Last Name	Age	Bib#	Time	Team
		Ian	Mensher	29	101	dns	Gin Optics
		Lang	Reynolds	26	98	dns	Hagens-Berman LLP
		Jeff	Moran	37	56	dns	Lenovo
		Zachary	Jones	28	53	dns	First Rate Mortgage
		Gibb	Clarke	36	50	dns	Garage Racing
		Luke	St.Clair	26	45	dns	Recycled Cycles Racing
		Damon	Barnett	22	42	dns	VO2 Multisport
		Michael	Vanderhyde	39	39	dns	
		Adam	Callahan	39	32	dns	

Mens 40-49

Place	Div.	First Name	Last Name	Age	Bib#	Time	Team
1		Todd	Gallaher	43	102	0:59:14	Counterbalance
2		Alex	Rosenast	44	35	1:01:50	Garage Racing
3		John	Meehan	44	54	1:04:29	Garage Cycling
4		Ron	Sielinski	44	87	1:04:29	Blue Rooster/Sports Med Clinic
5		Tim	Kibler	43	60	1:05:13	cucina fresca
6		Sean	Matt	42	76	1:05:24	Hagens Berman Cycling
7		Bart	Heer	43	75	1:05:54	Starbucks Cycling
8		Matt	Daniel	40	47	1:06:35	Second Ascent
9		Lane	Wilkinson	42	69	1:08:09	Wines of Washington/Bikesale.com
10		Mark	Runyan	48	79	1:09:51	CTI
11		Matt	Hubbard	40	73	1:12:29	Cucina Fresca
12		Jesus	Ignacio	41	31	1:16:51	
13		Paul	Ikeda	49	57	1:18:34	
		John	McHale	45	51	dns	2020/Fuel
		Bruce	Penner	44	48	dns	My Place
		John	Merril	45	105	dns	

May 10



Biomechanical Bike Fitting & Custom Frame Design

Mens 50 +

Place	Div.	First Name	Last Name	Age	Bib#	Time	Team
1		Martin	Rand	56	85	1:01:51	Wines of Washington
2		Richard	Sather	51	81	1:04:20	Bicycle Centres/Collision #1
3		Michael	Smith	52	62	1:06:09	Cycle Therapy 4 Corners Cycling
4		Bryce	Given	52	65	1:06:29	Strada Racing Club
5		Gary	Hocking	53	84	1:06:40	Cycle U
6		Richard	Daifuku	56	77	1:06:40	First Rate Mortgage
7		Larry	Baker	54	90	1:08:28	Old Town Bicycle Racing
8		Hal	Stanley	60	68	1:09:30	
9		Jim	Teague	52	89	1:10:59	Cucina Fresca
10		gary	martin	56	64	1:11:55	Eastgate Cycling Club
11		Edmund	Belsheim	56	72	1:13:02	
12		Jim	Sproull	63	49	1:14:04	
13		Philip	Morse	58	96	1:14:43	
14		David	Friedt	64	41	1:15:34	Cucina Fresca Cycling Team
15		Steve	Hoard	53	34	1:16:45	
		scott	ryman	59	70	dns	Even the Mts. will Praise His Name
		Jay	Rideout	57	86	dns	Challenge Disc Golf
		Marty	Houck	52	80	dnf	First Rate Mortgage
		david	wilson	54	78	dns	hagens-berman
		Jim	Washburn	50	93	dnf	excel sports

May 10



Biomechanical Bike Fitting & Custom Frame Design

Womens 21-39

Place	Div.	First Name	Last Name	Age	Bib#	Time	Team
1		Jessica	Cutler	29	1	1:06:50	Cucina Fresca
2		Holly	Perzynski	31	6	1:11:11	
3		Robin	White	37	8	1:13:16	Team Group Health
4		Deborah	Rubens	36	16	1:19:48	cucina fresca
5		Carly	Tu	26	14	1:20:09	cucina fresca
6		Jennifer	Minery	28	3	1:25:08	
7		Kari	Vander Stoep	35	7	dns	Blue Rooster

Womens 40-49

Place	Div.	First Name	Last Name	Age	Bib#	Time	Team
1		Sally	Fraser	44	23	1:07:50	HagensBerman
2		Tracy	Orcutt	42	22	1:08:18	Planet X
3		Audrey	Baldessari	43	21	1:08:22	IJM.com
4		Kris	Stolmeier	44	24	1:09:11	Byrne
5		Heidi	Copes van Hasselt	41	19	1:11:12	Wines of Washington/Bike Sale.com
6		Alison	Howard	42	18	1:11:42	IJM.com
7		Susanne	Smith	44	9	1:12:43	Cycle Therapy 4 Corners Racing
8		Jill	Martinez	42	12	1:15:54	Bicycle Centres/Collision 1
9		Tina	Ziegler	47	2	1:20:46	
10		Kay	Velasquez	40	5	1:24:46	Team Group Health

Womens 50+

Place	Div.	First Name	Last Name	Age	Bib#	Time	Team
1		Sile	Kiernan	54	20	1:10:41	IJM.com
2		Barbara	Wilkie	54	17	1:13:56	Starbucks Cycling
3		Patti	Dobrowolski	51	13	1:14:14	Wines of WA/Bikesale.com
4		Nancy	Lockett	56	15	1:15:11	Starbucks Cycling
5		Angela	Cudone-Sherdian	51	4	1:19:25	Starbucks
6		Suzanne	Bachelor	64	10	1:54:23	Team Group Health
7		Mary	McCurdy	51	11	dns	